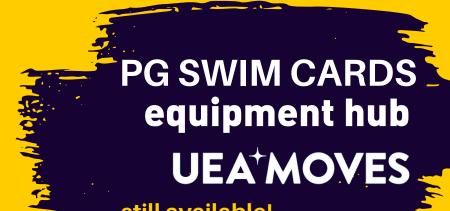
uea+sport

SUMMER OF SPORT 2024

1 JULY - 16 SEPT



Cycle hire is still available across summer, free bike, safety equipment and guides for up to two weeks!



still available! visit ueasport.co.uk

MONIndoor Cycle07:00Spin Studio£2Circuits13:00Functional Studio£2PG Football18:00Astro 5-a-side£1Zumba18:45Dance Studio£2Boxercise18:45Dance Studio£2Body Balance19:45Functional Studio£2Swimming20:00Pool£1Indoor Cycle20:30Spin Studio£2Circuits13:00Functional Studio£2Pilates12:15Dance Studio£2Body Sculpt13:00Dance Studio£2Aerobics17:30Dance Studio£2Body Combat19:30Dance Studio£2Restorative Yoga20:30Dance Studio£2	
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Aerobics 17:30 Dance Studio £2 Body Combat 19:30 Dance Studio £2	
20.20 Danie Stadio 22	
Restorative Yoga 20:30 Dance Studio £2	
	Book via
Circuits 09:30 Functional Studio £2	the
Body Pump 10:30 Dance Studio £2	SP
Yoga 13:00 Dance Studio £2	Sportspark
WEDS Swimming 16:00 Pool £1	App,
Body Combat 17:30 Dance Studio £2	Website, or
HIIT 18:00 Functional Studio £2	visit
Zumba 19:30 Dance Studio £2	reception
Indoor Cycle 11:00 Spin Studio £2	
THURS Aerobics 17:30 Dance Studio £2 19:30 Depart Studio 63	
Body Combat Dance Studio £2	
Zumba 20:30 Dance Studio £2	
Indoor Cycle 12:15 Spin Studio £2	
Body Pump 12:45 Dance Studio £2	
FRI Step & Tone 17:30 Dance Studio £2	
PG Football 18:00 Astros 7-a-side £1	
Body Balance 18:30 Dance Studio £2	
SAT Indoor Cycle 09:45 Spin Studio £2	
SUN Triple Challenge 10:15 Dance Studio £2	
Body Pump 11:30 Dance Studio £2	