

MOVESLETTER

FEBRUARY 2024



February 2024 Raffle

February is cycling month and our February raffle is themed around cycling safety. Whether you're cycling to and from campus or cycling through city centre, it is important to be safe and sensible especially in these winter weather conditions.

Start saving your points now for your chance to win bike accessories and safety equipment when cycling!



2023-24 Stats

We're extremely proud of how integral Moves is to our Active Campus programme, which provides free or heavily subsidised activities designed to benefit your physical and mental wellbeing.



SUSTAINABLE ACTION



3,278 trees planted



28m² of UK habitat restored*



1 tonne of carbon emissions removed*

*Introduced early October

2023-24 SEMESTER 1 STATISTICS



55,230 miles ran

58,400 miles cycled



5,638,476 metres swam

1,470,143,997 steps walked



5,926 reward redemptions



£337.44 raised for charity



24 raffle prizes given away!



28m² habitats restored

1 tonne of carbon removed!



10,795 overall downloads since app launch



Trees and more

We began planting tree on the app in May 2021, we have now reached over 3,000 planted! We have also added the option of restoring UK habitats and removing carbon emissions - see the reward tray for more and the link below to see our profile!

<https://ecologi.com/ueasport>



uea+sport



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CAUTION CAUTION CAUTION CAUTION CAUTION CAUTION CAUTION CAUTION CAUTION

Fraudulent Use

Fraudulent use has not become unnoticed and we will continue to block users if we suspect cheating or dishonesty while using the app.

If you have been blocked and argue that you have been using Moves correctly, we will continue to investigate until we have found valid proof.

CAUTION CAUTION CAUTION CAUTION CAUTION CAUTION CAUTION CAUTION CAUTION

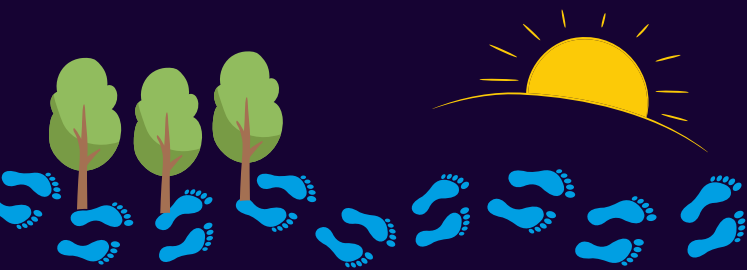
To all lucky raffle winners,

Apologies for the delay on receiving your prizes due to the current workload of our staff. We are working as quick as we can and will get your prizes to you ASAP!

Fancy winning a day trip?

Check out our rewards page for your chance to go on a free Navigate Norfolk walking day trip this Spring.

Go to the UEA SU website for more information. Get a ticket now before you're too late!



Staff Champion Initiative

We are looking for staff volunteers to represent their school. You will need to create a group on Moves and post fun challenges to get as many points for your chance to win prizes.

Email ueamoves@uea.ac.uk for more information!



Interested in volunteering?

Scan the QR code for volunteer opportunities on the UEA Sport website for your chance to gain Moves points!



New Challenges!

Check out the new challenges this month for your chance to gain points and win rewards!



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