

# EQUIPMENTBAGS.

uea+sport

Thank you for applying for our uea+sport equipment bags!

We hope the equipment aids in keeping you and your flat physically active and mentally stimulated throughout the current period.

Please read the following instructions carefully before using the equipment:

## **What activities can we do with the equipment?**

The equipment included with the bags have been provided for you to undertake a range of different activities and fun games. You can do traditional sports or exercises, make your own up or activate the QR code on the reverse to access exercise or games cards created with your equipment in mind.

## **Can we share the bag with another flat?**

Please be guided on this from the current government advice. If households are unable to mix you will not be permitted to meet up and share the equipment with others, however if restrictions are eased, you might be able to in the future.

## **What should I do if myself or a member of my flat gets hurt while we are using this equipment on the UEA campus?**

If someone injures themselves while using the equipment and you require assistance please contact campus security.

## **If my flat goes into isolation can we use our equipment bag in the courtyard gardens?**

If you have a sports equipment bag, unfortunately due to the nature of the equipment you will be unable to use this equipment in the courtyard gardens. However, if you have a fitness bag you will be permitted to utilise this when you use the courtyard garden.

## **What should we do if something breaks within the bag?**

Unfortunately if something breaks within the bag we are unable to replace this. If this break has already occurred when you receive the bag, please let us know and we can replace this.