

## Colours Awards

### Full Colours

This award will be given to individuals who are regular members of the UEA 1st team in their sport (where applicable) and have met one or more of the below criteria for at least one academic year.

#### **Criteria points:**

1. Represented their sport at national or international level in one of the following categories:
  - Senior squad
  - Age-related squads
  - British or any Home Nation Universities representation
2. Awarded a Top 3 medal finish in an individual BUCS Championship level competition
3. Awarded a Top 3 medal finish in a Junior/Age Group European/World Championship
4. Individual had a major contributing impact to a UEA team's success at BUCS Premier or National Championship Level

### Half Colours

This award will be given to individuals who are regular members of the UEA 1st team in their sport (where applicable) and have met one or more of the below criteria for at least one academic year.

#### **Criteria points:**

1. Represented their sport in a National League or at Senior County Level
2. Awarded a Top 10 individual finish in a BUCS Championship level Competition
3. Awarded a Top 10 individual finish in a Junior/Age Group European/World Championship
4. Team Medal in BUCS at BUCS Premier or National Championship level competition

**For Full and Half Colours, the selection panel reserve the right to judge each application on its merits, considering competition format and strength/quality of the performance pathway. Colours will only be awarded for sports recognised by Sport England, the BUCS programme, or the overall student sporting programme at UEA.**

**BUCS, where possible, will be the primary competition from which decisions are made.**

**For competitions outside of BUCS, these details must be provided:**

1. Total number of participants in competition, and number of clubs/Universities entered
2. Where the competition sits within the sport's NGB performance pathway

### Club Colours

This award will be given to individuals who have demonstrated an outstanding contribution to their club.

#### **Criteria points:**

1. How has the student been instrumental in the day to day running of the club?
2. What role has the student played in the organisation and running of the club's training, fixtures, or events?
3. How has the student contributed to the club's overall development?
4. Was the student involved with fundraising and/or attracting sponsorship for the club?
5. How has the student gone above and beyond for the club?



## Club Awards

### Progress Award (Participation)

This is judged on the progress of a club with regards to participation. This award recognises clubs who have successfully increased their membership numbers.

This award is calculated by the Sports Awards Panel but you can submit supporting evidence to support your club in order to provide important context.

#### **Examples of evidence can include:**

1. Your clubs' own targets set out at the beginning of the year
2. Club initiatives
3. Campaigns you have run to achieve this participation

### Progress Award (Performance)

This is judged on the progress of a club with regards to performance. This award can incorporate success in BUCS or other competitions, a fantastic run of victories or drastic improvements in team performance in comparison to previous years.

#### **Criteria points:**

1. How has the club progressed from previous years?
2. What has the club done differently this year?
3. What were the biggest achievements this year (BUCS, local league, competitions)?

### Outreach & Community Award

This is for the club who has achieved the best outreach/community partnerships this year. This must be external to UEA, and examples include, but are not limited to, coaching/officiating, local club partnerships, local charities, and local businesses.

#### **Criteria points:**

1. What partners or links have been made with the local community?
2. How frequently throughout the year has the club participated in outreach?
3. What has been so successful about the outreach?

### Sustainability Award

This is for the club who has made a conscious effort to reduce their impact on the environment. This can be through educating members, engaging with campaigns, or implementing your own project or initiative.

This award is calculated by the Sports Awards Panel and is not open for nominations. To ensure your club is considered for this award, make sure you have submitted as much evidence as possible to the [Sports Club Criteria - UEA+Sport](#).



## Club Awards

### Event of the Year

This is for the most successful event of the year. This acknowledges the best planned, creative, organised, and delivered club event this year that increased engagement from your club's members or the wider UEA community, be it a virtual or in person event. Events can include a club social or series of socials.

#### **Criteria points:**

1. How was the event planned together as a club/committee?
2. Why was the event so successful in terms of delivery, attendance, and feedback?
3. Did the event reach the targets it set out to achieve?

### Inclusion and Advocacy Award

This is for the club who has run the most creative and captivating campaign this year and recognises the clubs' planning, organisation, and delivery of their campaign. The campaign could be a one-off or ongoing campaign and could involve a fundraising element, but this is not essential to the criteria. This can include but is not limited to areas such as Racism, Sexism, LGBT Phobia, Alcohol/Drug Abuse, Disability Discrimination, Initiations and Faith & Cultural Appropriation.

#### **Criteria points:**

1. Please describe the details of your campaign – what was it for, what did it involve?
2. How did your club engage people with the campaign?
3. Why was it a successful campaign? Include engagement stats & fundraising details if relevant.

### Committee of the Year

This is for the most successful committee of the year. This recognises any club committee who has shown exceptional commitment, enthusiasm, leadership and/or innovation in the running of their club.

#### **Criteria points:**

1. How has the committee improved the running of your club or what has been done differently?
2. Has the committee done anything innovative/creative this year?
3. How has the committee worked together to deal with any problems that have occurred throughout the year?

### Club of the Year

This is open to all clubs, whether they compete or not. The award will be based on the club's activity throughout the academic year and what they have contributed to the University. This might be through club growth or development, outreach, success on the pitch, and/or other activities off the pitch.

#### **Criteria points:**

1. How has the club grown or developed?
2. What successes has the club had this year (on/off pitch, competitions, club numbers)?
3. What has the club done differently which stands out from the other clubs?



## Team Awards

### Local League Team of the Year

This is for any team that has had success in a local league competition. This will be judged on performance, participation, attitude, and commitment. This is not based on league points scored. Please note clubs can only nominate one team for this award.

#### **Criteria points:**

1. How has the team shown commitment to training this year?
2. How has the team improved from last year?
3. Tell us about any highlights from the local league season.

### BUCS League Team of the Year

This is for any team that has had success in their BUCS league (or cup/trophy/plate). This will be judged on, but is not limited to, performance, participation, attitude, and commitment. This award does not include those that compete in BUCS Nationals and is not based on BUCS points scored. Please note clubs can only nominate one team for this award.

#### **Criteria points:**

1. How has the team shown commitment to training this year?
2. How has the team improved from last year?
3. Tell us about any highlights from the BUCS season.

### Competition Team of the Year

Please note this does NOT include weekly league teams. This is for any team that had a sporting achievement in University or BUCS Individual competitions. This will be judged on, but is not limited to, performance, participation, attitude, and commitment. Please note clubs can only nominate one team for this award.

#### **Criteria points:**

1. How has the team shown commitment to training this year?
2. How has the team improved from last year?
3. Tell us about any highlights from the competition(s).



## Individual Awards

### Volunteer of the Year

This award will be presented to a student who has given up their own time to improve the sporting provision at UEA in a non-coaching capacity. The recipient of this award does not need to be a member of a UEA sports club.

#### **Criteria points:**

1. What voluntary role(s) has this student taken on this year?
2. How has this student gone above and beyond in their voluntary role this year?
3. What impact has this student's hard work had on the sporting provision at UEA?

### Coach of the Year

This award may be presented to any paid coach of a club (student or non-student) who has made a real difference to your club members' performance and/or experience of sport this year. Please note this award can not be given to a previous winner and clubs can only nominate one individual for this award.

#### **Criteria points:**

1. How have they shown commitment to the club through attendance and session planning?
2. How have they made a difference to the club's performance and/or experience?
3. How have they worked well with the committee & club?

### Volunteer Coach of the Year

This award may be presented to any volunteer coach of a club (student or non-student) who has made a real difference to your club members' performance and/or experience of sport this year. Please note this award can not be given to a previous winner and clubs can only nominate one individual for this award.

#### **Criteria points:**

1. How have they shown commitment to the club through attendance and session planning?
2. How have they made a difference to the club's performance and/or experience?
3. How have they worked well with the committee & club?



## Individual Awards

### Outstanding Contribution to Sport (leavers only)

**This is only for students graduating this academic year.**

This award will be given to a select number of students who have made a difference to sport at UEA throughout their time here. This can be through club or social sport. The award was created to recognise an important aspect of sport that often goes unrecognised in lieu of pure sporting ability. It recognises their commitment to sport, whether it be through performance, participation, leadership, or volunteering.

#### **Criteria points:**

1. Please note any special qualifications or experience known (umpiring, refereeing, coaching)
2. List any events/tournaments/charity/fundraising activities they have been involved with during their time at UEA.
3. Why does this person deserve the award? Please tell us anything else you think is relevant, or what this person has done in the category of 'above & beyond the call of duty'.

### Athlete(s) of the Year

This award will be given to an individual(s) who have shown excellence in their chosen sport and have, in addition, contributed to their club/sport in other ways. The award not only recognises the success of the athlete for the University, but also any further commitment/efforts that deserve credit.

#### **Criteria points:**

1. How has this athlete shown excellence in their chosen sport? (Performance)
2. How has this athlete contributed to their club/sport in other ways? (Non-performance)
3. Why does this person deserve this award?



## Social Media Awards

### Picture of the Year

This award is for the best photograph of the year. Photographs will be judged on the quality of the image, how the moment is captured and how it depicts the UEA+Sport spirit. The caption/post in general will not be judged, the picture alone will be judged for the purpose of this award. Please note clubs have to have taken/made this picture themselves.

#### **Forms of evidence to provide:**

- Nominated photograph.

### Post of the Year

This award is for the best individual non-video post across all social channels (Instagram, Twitter, and Facebook – just one award). The post will be judged on content, the context behind the post, its impact on the UEA community and engagement stats related to the post.

#### **Forms of evidence to provide:**

- Link to the post you are nominating.
- Engagement stats related to this post.

### Video of the Year

This award is for the club who has produced the best video (and posted this on their social media). The video can cover any subject relevant to the UEA+Sport community (including campaigns and outreach) and will be judged on its fluidity, professionalism of creation, how the content is delivered, and audience engagement. Please note clubs have to have made this video themselves.

#### **Forms of evidence to provide:**

- Nominated video in full.
- Link to the post of the video and caption.
- Engagement stats related to this post.

### Best use of Instagram

This award is for the best use of Instagram across the year. This recognises a club who has posted consistently on their Instagram grid, utilised various forms of content when posting, made their content creative and eye-catching, created professional content, and has received high audience engagement.

#### **Forms of evidence to provide:**

- All links to content which highlight the club's best use of Instagram across the year.



## Social Media Awards

### Best use of Other Social Media

This award is for the best use of other social media profiles (any other than Instagram), such as Twitter, Facebook, and TikTok across the year. This recognises a club who has posted consistently on their chosen other social channels, utilised various forms of content when posting, made their content creative and eye-catching, created professional content, and has received high audience engagement (e.g., impressions and views).

#### **Forms of evidence to provide:**

- All links to content which highlight the club's best use of other social media across the year.
- Engagement stats related to the account.
- Demonstration of account growth.

### **Social Media Club of the Year**

The Social Media Club of the Year award will recognise the top club for their social media content across the year. The award will be based on the club's online activity throughout the academic year, their creativity, and how they have engaged with their members through posting on social media. We will also consider the consistency of content clubs have posted on both their Instagram, Twitter, Facebook, and TikTok (where applicable). Evidence of how much engagement your social media accounts have had across the past year is a good way to demonstrate how successful of a year you have had online, including increased followers, impressions, and accounts engaged.

#### **Forms of evidence to provide:**

- All links to content which you think highlight why the club deserve the award.
- Engagement stats related to the accounts (follower increase, impressions/views, accounts engaged, etc).

**SPORTS AWARDS - SUBMIT YOUR NOMINATIONS HERE**

**COLOURS AWARDS - SUBMIT YOUR NOMINATIONS HERE**

